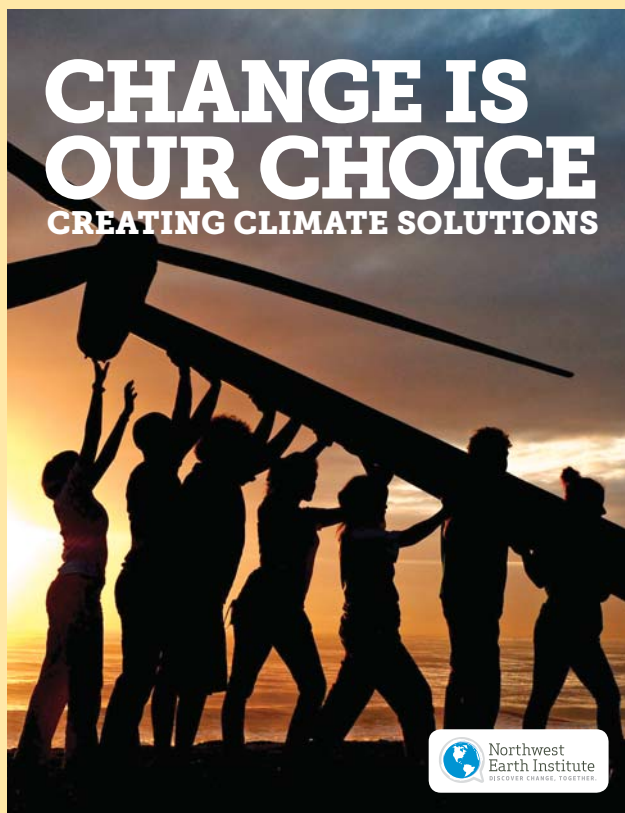


# Change Is Our Choice: Creating Climate Solutions

*"Hope is a verb with its sleeves rolled up. In contrast to optimism or despair, hope requires that one actually do something to improve the world. Authentic hope comes with an imperative to act." — David Orr*



Join an upcoming *Change Is Our Choice* course:

**What:**

**When:**

**Where:**

**Contact:**

**Additional information and cost:**

## **IN THIS FIVE-SESSION DISCUSSION COURSE YOU WILL:**

- Explore climate change from scientific, psychological and social perspectives.
- Consider how you can take action to build resilience in your own community.
- Make and implement a plan of action to respond to climate change's effects in your community.
- Consider how you can take action on climate change on a larger scale.



**Northwest  
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DISCOVER CHANGE, TOGETHER.

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# CHANGE IS OUR CHOICE: CREATING CLIMATE SOLUTIONS

## DISCUSSION COURSE DESCRIPTION

SESSION THEME	DESCRIPTION	READINGS & VIDEOS
<b>Connecting to the System</b>	Session one introduces everyone to each other and gets everyone on the same page about basic understandings of climate change. You'll start your action plan by finding out your carbon footprint and brainstorming ways to take action. Additionally, this session serves as a way to "give you permission" to explore the often complex and difficult feelings people have about climate change in a safe and supportive space.	Video: Climate Science: What You Need to Know Video: What We Know: Marshall Shepherd Interview Don't Look Away Now: The Climate Crisis Needs You The Iceberg: A Systems Thinking Model Sources of Greenhouse Gas Emissions To Save the Future, Live in the Present Action Plan: Carbon Footprint Exercise
<b>The Climate of Denial</b>	You and your group will examine what the media tells us about climate change, common misconceptions about climate change, and reasons why some people deny its existence. You'll apply your learning from this session by brainstorming ways to take action on climate change in your community.	Video: Why People Don't Believe in Climate Science Why We All Believe Our Own Favorite Experts How to Find Common Ground in the Bitter Climate Debate How to Judge an Argument about Climate Change Action Plan: S.M.A.R.T. Goals
<b>The Local-Global Movement</b>	Session Three explores a few of the current impacts of climate change around the world, and what people are doing to mitigate and adapt to these impacts in their local communities. You and your group will consider the justice impacts of climate change and how to work together to take positive action. You will also begin to develop goals for your personal action plan.	Global Warming Solutions: Prepare for Impact Why Climate Change Is a Human Rights Violation Gulf Coast Activists Band Together Nebraska's Community-Owned Energy Meet the Lobstermen Arrested for Blockading a Coal Freighter How to Be Hopeful Action Plan: Outline Actionable Items
<b>Change is Our Choice</b>	Session Four focuses on how we can make meaningful change in the complex systems we are part of. Learning about what others are doing to make big and small changes in the system will help inspire you to creative action in your own communities. Using that inspiration, you will complete your action plan and start implementing it, with encouragement and support from your group.	Video: UN Climate Summit Poem "Dear Matafele Peinem" How Will Everything Change Under Climate Change? Cities Designed Like Ecosystems Offer Untold Gains Five Big Considerations for the U.S. As Climate Change Sweeps the Globe Get Intersectional! Ways to Reduce Your Carbon Footprint Placing Yourself Action Plan: Implement
<b>Connect, Reflect, Act</b>	This final session offers an opportunity for both reflection on your action plan and a celebration of what you have achieved. After spending a few weeks implementing your action plan, this session allows each of you to share your successes and challenges, and to reflect on any new insights you've gained from working in your community.	



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